



The **Estes Park Marathon** Team Relay is a unique five-person team relay. The 26.2 mile course follows the scenic and challenging marathon course. Team members will not only race the distance, they will collaborate in fundraising for the **American Cancer Society**. Teams will be awarded for their efforts in racing and fundraising! The relay teams can have walking members as well as running. **The course will close within 7 hours.**

Relay Race Details

Start Time: 7am

Location: At marathon start line, Parking lot of Aquatic Center, on Community Drive.

Entry Fee: \$150. Per relay team until May 16th, \$165. After May 16th.

Minimum Fundraising Amount: \$100. Per team for the American Cancer Society.

Safety: Safety is our main objective. Please use caution at all times. Relay automobile drivers must obey all Colorado road and pedestrian laws. Water stations will be at all leg exchanges and full aid stations will be located nearby. A medical team will be roving the course throughout the race as well as all aid-stations will have access to medical supplies and radio.

Race Packet Pick-up: Team Relay race packets and donation funds received will be at registration, Saturday, June 13th. Donations can also be made online at <http://www.estesparkrelay.org/>. Race packets will not be issued to teams without proof of payment of minimum fundraising amount.

Awards: Estes Park Marathon Team Relay finishers will receive a finisher's certificate from the American Cancer Society. Top race finishers in each category will receive an award as a team.

Top Fundraisers: The top fundraisers in the team relay will receive a special award.

Team Relay Categories:

Relay awards will be presented in the following categories:

- Youth (18 years and younger)
- Family
- Men
- Women
- Co-ed adults
- Company/ Organization

The Race

How do the exchanges work for the relay?

Team members wait at their designated exchange point. Each team member will run with a wrist band and hand off to the next runner at the exchange point. The last runner must have the wrist band with them to be an official finish.

Can a relay team have less than 5 people?

Yes, the team can do the relay with less than 5, but will be required to pay the full entry fee. All runners must arrive at designated exchanges in time for official hand-offs.

Will there be transportation provided for runners?

Each team must provide their **own transportation to drop off and retrieve their runners**. Teams may leave vehicles at exchange areas, but it must be on race day. All drivers and vehicles are required to follow all Colorado laws. Safety is our main objective.

Are drinking stations available on the course?

Yes, there are water stations at exchange points. Some exchange points are close to full aid-stations, for additional needs.

Can relays walk the entire race?

Yes, team members can walk, but they must complete course within 7 hours. Relays can mix up runners and walkers as long as all exchanges are complete.

Where do I pin my race number?

All team members must wear their bibs while on the course. Numbers must be visible at all times. All runners must pin additional **R** on back of shirt, so that marathoners can identify relay members from the marathon racer.

Donations raised by teams must be turned into the race by when?

Teams must raise at least \$100. And turn in at registration on June 13th at Estes Park High School student center.

Is there Post Race food?

Yes, we offer to all race participants!

Team Relay Legs & Exchange Points

Legs are rated on degree of difficulty, with one star (*) as the least difficult and five stars (*****) as the most difficult. All teams should be able to complete the course within an average of a 13-minute per mile pace. Course will cease at 7 hours.

Leg 1 – 5.5 miles ***** - *because of gradual climb and length*

Start line, Fish Creek Road to Cheley Camp parking area. Exchange is past the aid-station.

Leg 2- 4.75 miles *** - *initial short steep hill, long descent down to town*

Fish Creek Road up to Hwy 7, down to Mary's Lake Road, steep descent to Riverside Drive, exchange on Elkhorn Ave.

Leg 3 – 5.1 miles ** - *mostly flat, one hill*

Elkhorn Ave, around Lake Estes, up Hwy 34 to The Reserve, exchange at Elk Trail

Leg 4 – 3.75 miles **** - *climbing*

Paved neighborhood initially, then climb up Dry Gulch Road and exchange at end of road.

Leg 5 – 7.1 miles *** - *rolling descent, flat to finish*

Very scenic portion running back into town. Will run on bike path at the south side of Lake Estes and finish at the high school track.